

# The Service of the Paraklesis

*(The Little Supplicatory Canon to the Most Holy Mother of God)*



Holy Cross Antiochian Orthodox Church

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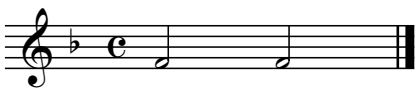
Responses, God is the Lord (adapted by Fr. David Barr)  
and Anabathmoi arranged by Basil Kazan

Exaposteilaria arranged by His Grace Bishop BASIL Essey,  
adapted by Emily Lowe

# The Service of the Paraklesis

*The holy doors and curtain remain closed for this service, since everything takes place on the solea. The priest, vested in exorasson, epitachelion and phelonion, stands in the center of the solea before an analogion upon which has been placed an Icon of the Dormition of the Most Holy Theotokos. After making three metanias, he blesses himself, saying in a loud voice:*

**Priest:** Blessed is our God, always: now and ever, and unto ages of ages.

**People:**   
A - men.

**Priest:** Glory to Thee, our God, glory to Thee.

O Heavenly King, O Comforter, the Spirit of Truth,  
Who art everywhere present and fillest all things:  
treasury of good things and giver of life; come and  
dwell in us and cleanse us of every stain and save  
our souls, O Good One.

## The Trisagion Prayers

**People:** Holy God, Holy Mighty, Holy Immortal:  
have mercy on us. (*three times*)

Glory to the Father, and to the Son, and to the Holy  
Spirit: Both now and ever, and unto ages of ages.  
Amen.

All-holy Trinity, have mercy on us.  
Lord, cleanse us from our sins.  
Master, pardon our iniquities.  
Holy God, visit and heal our infirmities for Thy  
Name's sake.

**People:** Lord, have mercy. (*three times*)

Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy Name; Thy kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

**Priest:** For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages.

**People:**   
A - men.

**Chanter:** Lord, have mercy. (*Twelve times*)

Glory to the Father, and to the Son, and to the Holy Spirit: Both now and ever, and unto ages of ages. Amen.

O come, let us worship and fall down before God our King.  
O come, let us worship and fall down before Christ, our King and our God.  
O come, let us worship and fall down before the Very Christ, our King and our God.

## Psalm 142

**Reader:** Hear my prayer, O Lord, give ear to my supplications: In Thy faithfulness answer me, and in Thy righteousness. And enter not into judgment with Thy servant: For in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath smitten my life down to the ground; He hath made me to dwell in darkness, as those that have been long dead. Therefore is my spirit overwhelmed within me; my heart within me is desolate. I remember the days of old; I meditate on all Thy works; I muse on the work of Thy hands. I stretch forth my hands unto Thee: my soul thirsteth after Thee, as a thirsty land. Hear me speedily, O Lord: my spirit faileth: Hide not Thy face from me, lest I be like unto them that go down into the pit. Cause me to hear Thy lovingkindness in the morning; for in Thee do I trust: Cause me to know the way wherein I should walk; for I lift up my soul unto Thee. Deliver me, O Lord, from mine enemies: I flee unto Thee to hide me. Teach me to do Thy will; for Thou art my God: Thy spirit is good; lead me into the land of uprightness. Quicken me, O Lord, for Thy name's sake: For Thy righteousness' sake bring my soul out of trouble. And of Thy mercy cut off mine enemies, and destroy all them that afflict my soul: For I am Thy servant.

O Lord, give ear to my supplications, and enter not into judgment with Thy servant.

O Lord, give ear to my supplications, and enter not into judgment with Thy servant.

Thy spirit is good; lead me into the land of uprightness.

**Chanter:** Glory to the Father, and to the Son, and to the Holy Spirit: Both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia: glory to Thee, O God.  
 Alleluia, Alleluia, Alleluia: glory to Thee, O God.  
 Alleluia, Alleluia, Alleluia: glory to Thee, O God.

O God, our hope, glory to Thee.

## God is the Lord

**Chanter:** God is the Lord and hath appeared unto us.  
 Blessed is He that cometh in the name of the Lord.

O give thanks to the Lord, for He is good; His mercy endures forever!

**People:**   
 God is the Lord and hath ap - peared un - to us.

  
 Bless - ed is He \_\_\_\_\_ that com - eth in the name of \_\_\_\_\_ the Lord.

*(Repeat refrain after each verse)*

**Chanter:** All nations surrounded me; in the name of the Lord I cut them off!

I shall not die, but I shall live, and recount the deeds of the Lord.

The stone which the builders rejected has become the head of the corner. This is the Lord's doing; it is marvelous in our eyes.

## Troparia of the Paraklesis

*Tone 4, to the melody "Thou who wast raised up"*

**Chanter:** To God's birthgiver let us run now most earnestly, we sinners all and wretched ones, and fall prostrate in repentance, calling from the depths of our souls: "Lady, come unto our aid; have compassion upon us; hasten thou, for we are lost in a throng of transgressions. Turn not thy servants away with empty hands, for thee alone do we have as our only hope."

Glory to the Father, and to the Son, and to the Holy Spirit.

To God's birthgiver let us run now most earnestly, we sinners all and wretched ones, and fall prostrate in repentance, calling from the depths of our souls: "Lady, come unto our aid; have compassion upon us; hasten thou, for we are lost in a throng of transgressions. Turn not thy servants away with empty hands, for thee alone do we have as our only hope."

Both now and ever, and unto ages of ages. Amen.

O Theotokos, we shall not cease from speaking of all thy mighty acts, all we the unworthy ones. For if Thou hadst not stood to intercede for us, who would have delivered us from such numerous dangers? Who would have preserved us all, until now, in true freedom? O Lady, we shall not turn away from thee, for thou dost always save thy servants from all manner of grief.

## Psalm 51

**Reader:** Have mercy on me, O God, according to Thy great mercy: According to the multitude of Thy tender mercies, blot out mine iniquity. Wash me thoroughly from mine iniquity, and cleanse me from my sin. For I acknowledge mine iniquity: and my sin is ever before me. Against Thee only have I sinned and done evil in Thy sight: That Thou mightest be justified in Thy words, and prevail when Thou art judged. For behold, I was shapen in iniquity; and in sin did my mother conceive me. For behold, Thou hast loved truth: The unclear and hidden things of Thy wisdom Thou hast made clear to me. Thou shalt sprinkle me with hyssop, and I shall be clean: Thou shalt wash me, and I shall be whiter than snow. Thou shalt make me to hear joy and gladness: The bones which Thou hast broken shall rejoice. Turn away Thy face from my sins, and blot out all my iniquities. Create in me a clean heart, O God; and renew a right spirit within me. Cast me not away from Thy presence; and take not Thy Holy Spirit from me. Restore unto me the joy of Thy salvation; and steady me with a guiding spirit. Then will I teach transgressors Thy ways; and the impious shall be converted unto Thee. Deliver me from blood-guiltiness, O God, Thou God of my salvation, and my tongue shall sing aloud of Thy righteousness. O Lord, open Thou my lips; and my mouth shall declare Thy praise. For hadst Thou desired sacrifice, I would have given it thee: Thou delightest not in burnt offering. Sacrifices to God are a contrite spirit: a contrite and humble heart, O God, Thou wilt not despise. Do good, O Lord, in Thy good will unto Zion: That the walls of Jerusalem may be built up. Then shalt Thou be pleased with the sacrifice of righteousness, with burnt offering and whole burnt offerings: Then shall they offer bullocks upon Thine altar.



# The Canon: Ode One

Tone 8, to the melody "Traversing the waters as on dry land"



- (Most Holy . . .) 1. By ma - ny temp - ta - tions am I dis-tressed;  
 (Most Holy . . .) 2. At - tacks of the pass - ions dis - qui - et me;  
 (Glory . . .) 3. To God and the Sav - ior, thou gav-est birth;  
 (Both Now . . .) 4. Dis - eased are my bo - dy and my soul;



1. in search of sal - va - tion,  
 2. my soul to re - ple - tion  
 3. I beg thee, O Vir - gin,  
 4. do thou make me wor - thy



1. un - to thee have I ta - ken flight;  
 2. hath been filled with de - spon - den - cy;  
 3. from af - flict - ions de - liv - er me;  
 4. of Di - vine guid - ance and thy care,



1. O Moth - er of the Word and ev - er - vir - gin,  
 2. be - still them, O — Mai - den, with the calm - ness  
 3. for now un - to — thee I flee for ref - uge,  
 4. O thou who al - one art God's — Mo - ther;



1. from all or - deals and af - flict - ions de - liv - er me.  
 2. of thine own Son and thy God, O all - blame-less one.  
 3. bring-ing to thee both my soul and my rea - son - ing.  
 4. for thou art good and the Birth - giv - er of the Good.

# The Canon: Ode Three

*Tone 8, to the melody "Of the vault of the heavens"*



**(Most Holy . . . ) 1. I have thee as the shel - ter and the de - fense**  
*(Most Holy . . . ) 2. I be - seech thee, O Vir - gin, do thou dis - pel*  
**(Glory . . . ) 3. Since thou brought forth Him Who is our ben - e - fact - or and**  
*(Both Now . . . ) 4. With most gre - vious dis - ea - ses and with cor - rupt*



1. of my life; thee, the The - o - to - kos and Vir - gin.  
 2. far from me all of the dis - tress of des - pair and  
 3. cause of good, from the wealth of thy lov - ing - kind - ness  
 4. pass - ions, too, I am put to tri - al, O Vir - gin.



1. Pi - lot and go - vern me in - to thy  
 2. tur - bu - lence in my soul, for thou, O  
 3. do thou pour forth on all, for thou canst  
 4. Come thou un - to my aid, for I know



1. shel - tered port, for thou art au - thor of good things  
 2. Bride of God, hast gi - ven birth to the Lord Christ  
 3. do all things, be - ing one might - y in po - wer,  
 4. thee to be an in - ex - haust - i - ble tre - asure



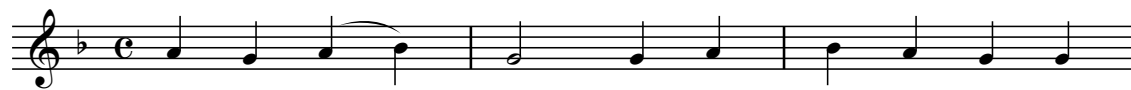
1. and staff of the faith - ful, O thou on - ly lau - ded one.  
 2. who is the Prince of Peace, O thou on - ly all - blame - less one.  
 3. for thou gav - est birth to Christ. Bless - ed of God art thou!  
 4. of un - fail - ing heal - ing, O thou, the all - blame - less one.

# Troparia following Ode Three

*Tone 8*



Pre - serve and save, O The - o - to - kos, thy servants from



ev - 'ry dan - ger. Af - ter God, do all of



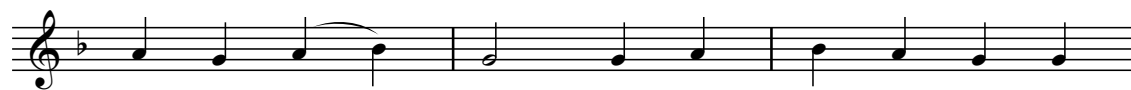
us for re - fuge flee un - to thee. A



firm ram - part art thou and our — pro - tec - tion.



In thy good - will, look thou on me, o all - hymned



The - o - tok - os, and do thou be - hold my



bo - dy's gre - vious in - fir - mi - ty, and



heal thou the cause of my — soul's sor - row.

## Ektenia

**Priest:** Have mercy on us, O God, according to Thy great goodness, we pray Thee: hearken and have mercy.

*(The people respond to each petition as follows:)*



Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

Again we pray for all pious and Orthodox Christians.

Again we pray for our Father and Metropolitan PHILIP and His Grace Bishop THOMAS.

Again we pray for our brethren, the priests, deacons, and monastics, and for all our brethren in Christ.

Again we pray for mercy, life, peace, health, salvation and visitation, and pardon and remission of sins for the servants of God (*Name[s]*), and all Orthodox Christians of true worship who live and dwell in this community.

For Thou art a merciful God and lovest mankind, and unto Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.

**People:**

A - men.

## Kathisma

*Tone 2, to the melody "Thou soughtest the heights"*

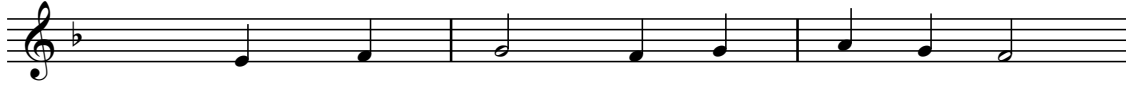
**Chanter:** O fervent advocate, invincible battlement, fountain of mercy and sheltering retreat for the world, earnestly we cry to thee: Lady, Mother of God, hasten thou and save us from all imperilment, for thou alone art our speedy protectress.

# The Canon: Ode Four

*Tone 8, to the melody "I have hearkened and heard"*



**(Refrain)** Most Ho - ly The - o - to - kos, save us!



**(Most Holy . . .)** 1. Lull the tem - pests of all my sins

*(Most Holy . . .)* 2. O be - stow out of the ab - yss

**(Glory . . .)** 3. While de - light - ing, O spot - less one,

*(Both Now . . .)* 4. Hav - ing thee as our staff and hope



1. and be - still the ra - ging of pas - sions with thy calm,

2. of thy great com - pass - sion on me, thy sup - pli - cant,

3. in thy ma - ny fa - vors, a hymn of thank - ful - ness

4. and as our sal - va - tion's un - shak - en bat - tle - ment,



1. for pro - gen - i - tress art thou of Him

2. for thou brought forth one com - pass - ion - ate,

3. do we all raise up in song to thee,

4. from all man - ner of ad - ver - si - ties



1. Who is Lord and helms - man, O thou bride of God.

2. Who is Sav - ior of all who sing hymns to thee.

3. know - ing thee to be the mo - ther of our God.

4. are we then re - deemed, O thou all - laud - ed one.

# The Canon: Ode Five

Tone 8, to the melody "Lord, enlighten us"



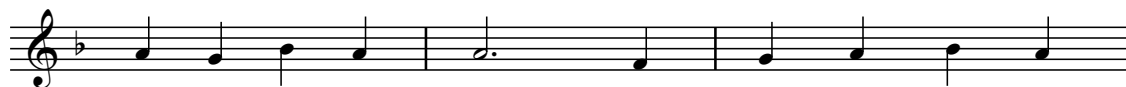
**(Refrain)** Most Ho - ly The - o - to - kos, save us!



**(Most Holy . . .)** 1. Pure One, fill my heart with re - joi - cing  
*(Most Holy . . .)* 2. Come de - liv - er us out of dan - gers,  
**(Glory . . .)** 3. Dis - si - pate the gloom of my tress-pass -  
*(Both Now . . .)* 4. Heal me, O Pure One, of the sick - ness



1. un - to plen - i - tude, and grant thine un - de -  
 2. pure mo - ther of God, since thou art mo - ther  
 3. es, O bride of God, with the clear bright-ness  
 4. which the pas - sions bring, and make me wor - thy



1. filed fel - i - ci - ty, since thou didst give birth  
 2. of de - liv - er - ance, and of the peace which  
 3. of thy ra - di - ance, for thou didst bear the  
 4. of thy guar-dian - cy, and by thy prayers and



1. un - to Him Who is the cause of joy.  
 2. doth sur - pass all hu - man rea - son - ing.  
 3. Light Di - vine, which was be - fore all time.  
 4. in - ter - cess - ions, grant thou health to me.

# The Canon: Ode Six

*Tone 8, to the melody "Entreaty do I pour forth"*



(Most Holy . . .) 1. My na - ture, held by cor-rup-tion and by death,  
 (Most Holy . . .) 2. I know — thee as the pro-tect-ion of my life  
 (Glory . . .) 3. A bul - wark of safe re-treat art thou to us,  
 (Both Now . . .) 4. Bed-rid - den, I lie su-pine with sick-ness now,



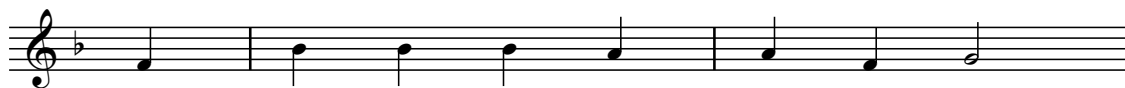
1. hath He saved from out of death and cor-rup - tion, for  
 2. and most safe for - ti - fi - ca - tion, O Vir - gin. Dis -  
 3. and of souls art thou the per - fect sal - va - tion, and  
 4. and no heal - ing for my flesh — is ex - ist - ent ex -



1. un - to death He Him - self hath sub - mit - ted.  
 2. perse the horde of my ma - ny temp - ta - tions,  
 3. a re - lief in dis - tress-es, O mai - den,  
 4. cept for thee, who didst bear the world's Sav - ior,



1. Where-fore, O Vir - gin, do thou in - ter - cede with Him  
 2. and put to si - lence de - mon - ic au - da - ci - ty.  
 3. and in thy light do we e - ver ex - ult with joy.  
 4. our God, the heal - er of ev - 'ry in - firm - i - ty.



1. Who is in truth Thy Lord and Son,  
 2. Un - ceas - ing - ly I pray to thee:  
 3. O La - dy, do thou al - so now  
 4. I pray to thee, for thou art good:



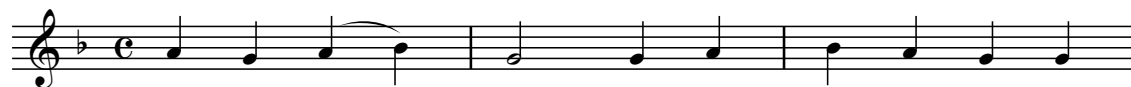
1. to re - deem me from en - e - mies' wick-ed-ness.  
 2. from cor - rup - tion of pas - sions de - liv - er me.  
 3. from all pas - sions and dan - gers de - liv - er us.  
 4. from cor - rup - tion of ill - ness - es raise me up.

# Troparia following Ode Six

*Tone 8*



Pre - serve and save, O The - o - to - kos, thy servants from



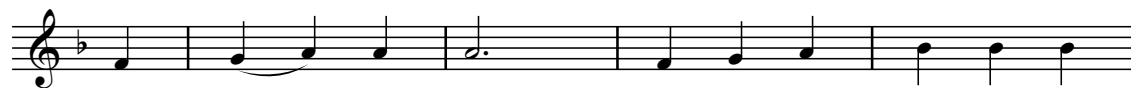
ev - 'ry dan - ger. Af - ter God, do all of



us for re - fuge flee un - to thee. A



firm ram - part art thou and our — pro - tec - tion.



O Spot - less One, who in - ex - press - i - bly



in the last — days, by a word, brought forth the



Word, do thou — make re - quest of Him, as



one who hath mo - ther - ly bold-ness.



## Ektenia

**Priest:** Have mercy on us, O God, according to Thy great goodness, we pray Thee: hearken and have mercy.

*(The people respond to each petition as follows:)*



Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

Again we pray for all pious and Orthodox Christians.

Again we pray for our Father and Metropolitan PHILIP and His Grace Bishop THOMAS.

Again we pray for our brethren, the priests, deacons, and monastics, and for all our brethren in Christ.

Again we pray for mercy, life, peace, health, salvation and visitation, and pardon and remission of sins for the servants of God (*Name[s]*), and all Orthodox Christians of true worship who live and dwell in this community.

For Thou art a merciful God and lovest mankind, and unto Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.

**People:** 

A - men.

## Kontakion

*Tone 4*

**Chanter:** O protection of Christians who cannot be put to shame, mediation unto the Creator most constant: O despise not the suppliant voices of those who have sinned, but be thou quick, O good one, to come unto our aid who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

# Anabathmoi

## Tone 4



From my youth — up ma-ny pass - ions have warred a - gainst —



me. But do Thou help and save me, O my Sav - ior.



Ye who hate Zi - on shall be put to con-fu-sion of the Lord;



like grass in the fire shall ye be with - ered up. —



Glo - ry to the Fa - ther and to the Son, and



to the Ho - ly Spi - rit. Through the Ho-ly Spi - rit is



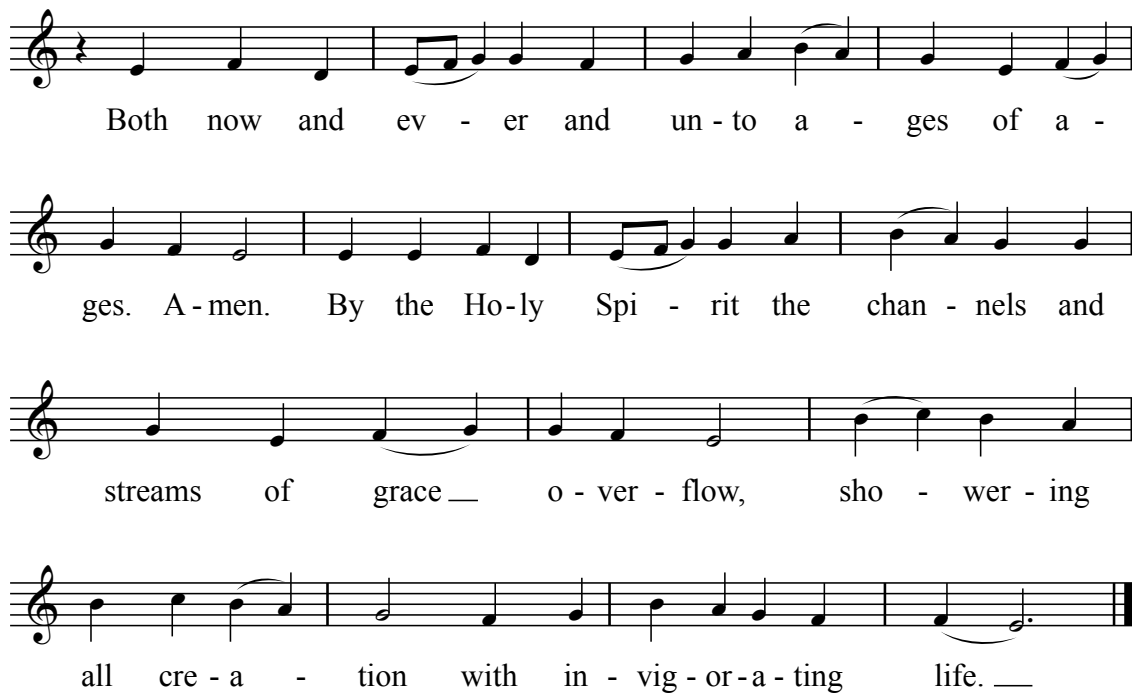
ev - 'ry soul quick - ened and ex - al - ted in pur - i - ty



and made re - splen - - - dent by the



Tri - une — un - i - ty in my - stic ho - li - ness.



Both now and ev - er and un - to a - ges of a -  
ges. A - men. By the Ho - ly Spi - rit the chan - nels and  
streams of grace — o - ver - flow, sho - wer - ing  
all cre - a - tion with in - vig - or - a - ting life. —

## Prokeimenon

*Tone 4*

**Chanter:** The Prokeimenon: I shall commemorate Thy name  
from every generation to generation.

**People:** 

I shall com - mem - mo - rate Thy name  
from ev - 'ry gen - e - ra - tion to gen - e - ra - tion.

**Chanter:** Hearken, O daughter, and see and incline thine ear,  
and forget thy people and thy father's house, and  
the king shall greatly desire thy beauty.

**People:** *(Repeat Prokeimenon)*

**Chanter:** I shall commemorate Thy name

**People:** from every generation to generation.

## Gospel

**Priest:** And that we may be accounted worthy to hear the Holy Gospel, let us pray to the Lord God.

**People:**   
Lord, have mer-cy, Lord, have mer-cy, Lord, have mer - cy.

**Priest:** Wisdom! Attend! Let us hear the Holy Gospel.  
Peace be to all.

**People:**   
And to thy spi - rit.

**Priest:** The reading is from the Holy Gospel according to Saint Luke. (1:39-49, 56)

**People:**   
Glo - ry to Thee, O Lord; Glo - ry to Thee.

**Priest:** In those days, Mary arose and went with haste into the hill country, to a city of Judah, and she entered the house of Zacharias and greeted Elizabeth. And when Elizabeth heard the greeting of Mary, the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit and she exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb! And why is this granted me, that the mother of my Lord should come to me? For behold, when the voice of your greeting came to my ears, the babe in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her from the Lord."

And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name." And Mary remained with her about three months, and returned to her home.

**People:** 

Glo - ry to Thee, O Lord; Glo - ry to Thee.

## Hymns following the Gospel

*Tone 2, to the melody "Having laid up all their hope"*

**Chanter:** Glory to the Father, and to the Son, and to the Holy Spirit. O Father, Word and Spirit, the Trinity in unity, blot out the multitude of my offenses. Both now and ever, and unto ages of ages. Amen. Through the intercessions of the Theotokos, O Merciful One, blot out the multitude of my offenses.

Have mercy upon me, O God, according to Thy great mercy; and according to the multitude of Thy compassions, blot out my transgressions. O entrust me not, I pray, to any human protection, O our Lady, holy one, but do thou accept the prayer of thy supplicant. Sorrow hath fettered me, and I am unable to endure and bear the demons' darts; a shelter have I not, nor a place to run, I, the wretched one; embattled from all sides am I, and no consolation have I but thee. Mistress of creation, protection and hope of faithful ones: Turn not away when I turn to thee; do that which will profit me.

From thee is no one is turned away ashamed and empty who doth run to thee for refuge, O pure Virgin Theotokos; but he asketh the favor and receiveth the gift from thee, unto the profit of his own request. The transformation of the afflicted, and the relief of those in sickness, art thou in truth, O Virgin Theotokos; save thy people and thy flock, thou who art the peace of the embattled, and who art the calm of the storm-driven; the only protection of those who believe.

## The Intercession

**Priest:** O God, save Thy people, and bless Thine inheritance. Visit Thy world with mercies and bounties. Exalt the estate of Orthodox Christians, and send down upon us Thy rich mercies: through the intercessions of our all-pure Lady Theotokos and ever-virgin Mary; by the might of the precious and life-giving Cross; by the protection of the honorable, bodiless powers of Heaven; at the supplication of the honorable and glorious Prophet, Forerunner, and Baptist John; of the holy, glorious, and all-laudable Apostles; of our Fathers among the Saints, great Hierarchs and ecumenical Teachers, Basil the Great, Gregory the Theologian, and John Chrysostom; of our holy Fathers among the Saints, Nicholas the archbishop of Myra in Lycia, Spyridon the wonder-working bishop of Trimythos; Sophronios of Jerusalem; Meletios of Antioch, Nectarios, the wonder-working bishop of Pentapolis, and Raphael, bishop of Brooklyn; of the holy, glorious great martyrs, George the trophy-bearer, Demetrios the myrrh-streaming, Theodore of Tyre, Theodore the commander, Stephen the first-martyr: of the sacred martyrs Haralampos, Eleftherios, Polycarp, Cyprian, Ignatios the God-bearer of Antioch, Milos of Babylon, Gurias and Simonas of Edessa, Ananias of Damascus; of the holy virgin martyrs, Thekla the first-martyr, Fevronia of Mesopotamia, Irene, Katherine, Barbara of Baalbek, Anastasia, Evdokia, the penitent of Baalbek, Marina, Pelagia of Antioch, Vevia of Edessa, Theodosia of Tyre, Akylina of Byblos; of the holy, glorious and triumphantly victorious martyrs, the Forty Holy Martyrs of Sebaste, Sergius and Bacchus, Lukianos of Antioch, Julian of Homs, Victor of Damascus, Aedesios and Amphian of Beirut, Trophymios, Savatios, and Dorymedon of Antioch, Domnina and her children, Berina and Prosdoki, Peter of Bosra, the children Asterios, Claudios, Neon and Neonilla, Galaction and Epistemia of Homs, Romanos the martyr, Antony of Damascus, Sylvanos, Luke and Makios of Homs,

Joseph of Chalepon, Cyril, the deacon of Baalbek; Julietta and her son Kyriakos; Vasa of Mesopotamia, and Andrew the General; of our holy and God-bearing Fathers, Anthony the Great, Efthymios, Arsenios the Great, Sava the Sanctified, Ephraim and Isaac the Syrians, Makarios and Pakhomios the Great of Egypt, Simeon the Stylite, Alexios the Man of God, John of Damascus, Maximos the Confessor, Mark the Anchorite; John Cassian the Roman; Simeon the new Theologian; Peter, Athanasios and Paul of the Holy Mountain Athos, Seraphim of Sarov; of our holy and God-bearing mothers Mary of Egypt, Pelagia, and Thais, Kyra of Syria, Marana of Veria, Pansemne of Antioch; of the holy unmercenaries and healers Panteleimon, Cosmas and Damian, Cyrus and John, Anthimos of Arabia; of the holy, righteous Ancestors of God Joachim and Anna; of *(Name[s] of the Saint[s] of the day)* whose memory we celebrate, and of all Thy Saints: We beseech Thee, O most merciful Lord, hearken unto the petition of us sinners who make our supplication unto Thee, and have mercy upon us.



Lord, have mer-cy, Lord, have mer-cy, Lord, have mer - cy.

*(Repeated three times, and then:)*



Lord, have mer-cy, Lord, have mer-cy, Lord, have mer - cy. —

**Priest:** Through the mercy and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine All-holy and good and life-creating Spirit, now and ever, and unto the ages of ages.



A - men.

# The Canon: Ode Seven

Tone 8, to the melody "Once from out of Judea"



**(Refrain)** Most Ho - ly The - o - to - kos, save us!



**(Most Holy ...)** 1. Hav - ing willed thus, O Sav - ior, to dis -  
**(Most Holy ...)** 2. Make re - quest, O pure Mo - ther, to Thy  
**(Glory ...)** 3. A fount of in - cor - rup - tion and a  
**(Both Now ...)** 4. Deign to grant res - to - ra - tion from dis -



1. pense our sal - va - tion in Thine e - con - o - my,  
 2. Son who hath willed to grant mer - cy un - to us,  
 3. to - wer of safe - ty is she who gave Thee birth;  
 4. ea - ses of bo - dy and soul to those who run



1. Thou dwelt with - in the Maid's womb, and un - to  
 2. to res - cue from trans - gress - ions and from the  
 3. a trea - sure of sal - va - tion and por - tal  
 4. to thy di - vine pro - tec - tion with faith, O



1. all cre - a - tion as pro - tect - ress Thou showed her forth;  
 2. soul's de - file - ment, those who cry out most faith - ful - ly:  
 3. of re - pen - tance, hast Thou proved her to them that shout:  
 4. The - o - to - kos, and thus grant them re - cov - er - y;

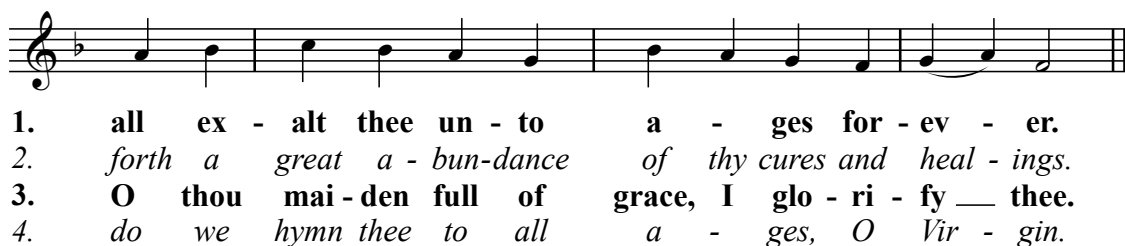
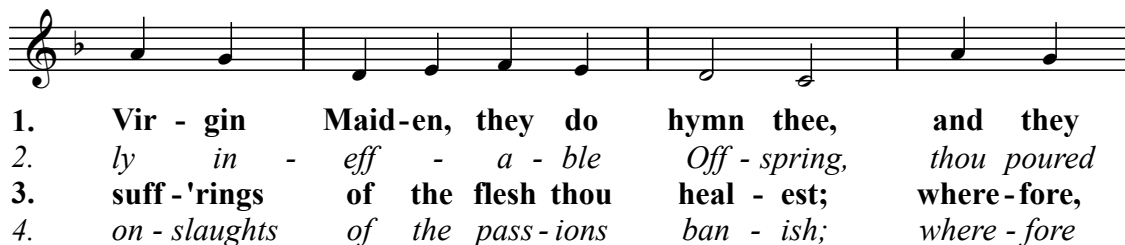
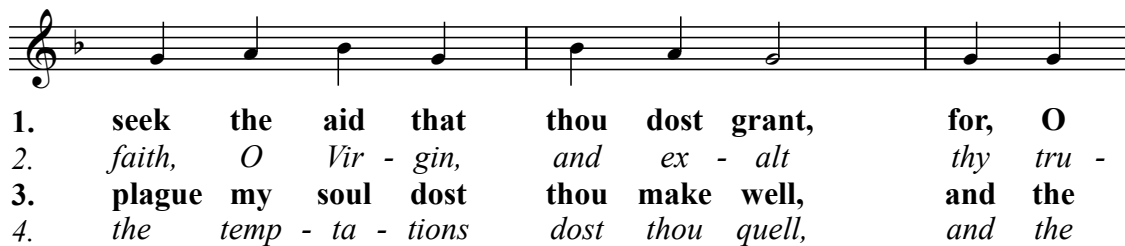
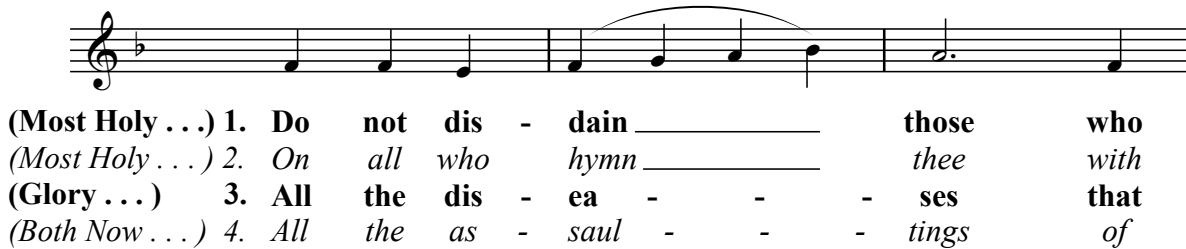


1. O God of our Fa - thers, bless - ed art Thou.  
 2. O God of our Fa - thers, bless - ed art Thou.  
 3. O God of our Fa - thers, bless - ed art Thou.  
 4. O mo - ther of Christ our Sa - vior art thou.



# The Canon: Ode Eight

*Tone 8, to the melody "The King of Heaven"*



# The Canon: Ode Nine

*Tone 8, to the melody "Most rightly we confess thee"*



**(Refrain)** Most Ho - ly The - o - to - kos, save \_\_\_\_ us!



**(Most Holy . . . ) 1.** The tor - rent of my weep - ing,

**(Most Holy . . . ) 2.** Do thou, O Vir - gin Maid - en,

**(Most Holy . . . ) 3.** A ha - ven and pro - tect - ion,

**(Glory . . . ) 4.** Il - lum - ine with the rad - iance

**(Both Now . . . ) 5.** Brought low am I, O Vir - gin,



**1.** spurn not with re - fu - sal, for thou didst

**2.** fill my heart with glad - ness, for thou art

**3.** and a wall un - sha - ken, and a re -

**4.** of thy light, O Vir - gin, all those who

**5.** in a place of sick - ness, and in a



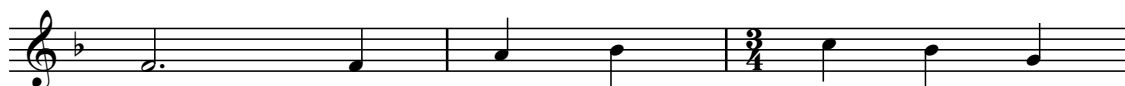
**1.** give birth to Him Who doth take a - way all

**2.** she who re - ceived all the full - ness of

**3.** joic - ing and shel - ter and place of re -

**4.** pi - ous - ly call thee the Mo - ther of

**5.** dwell - ing of an - guish; grant heal - ing to



**1.** tears from ev - 'ry face, O thou

**2.** joy, and made to van - ish a -

**3.** treat, do thou be - come, O thou

**4.** God, and do thou ban - ish a -

**5.** me, trans - for - ming all of my



**1.** Vir - gin, for He is Christ in - deed.

**2.** way all sor - row of sin - ful - ness.

**3.** Vir - gin, for those who flee to thee.

**4.** way all dark - ness of ig - nor - ance.

**5.** ill - ness in - to full health - ful - ness.

# It is Truly Meet

*Tone 8*



It is tru - ly meet to call thee blessed, the The-o - to - kos, the



ev - er blessed and all - im - ma - cu - late and Mo - ther of our God.



More hon - or - a - ble than the Che - ru - bim,



and be - yond com - pare more glo - ri - ous than the Se - ra - phim,



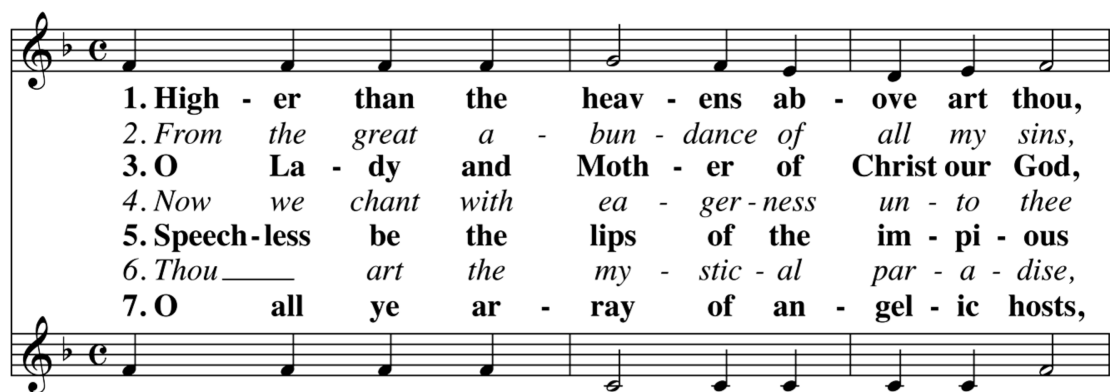
thee who with - out cor - rup - tion gav - est birth to God the



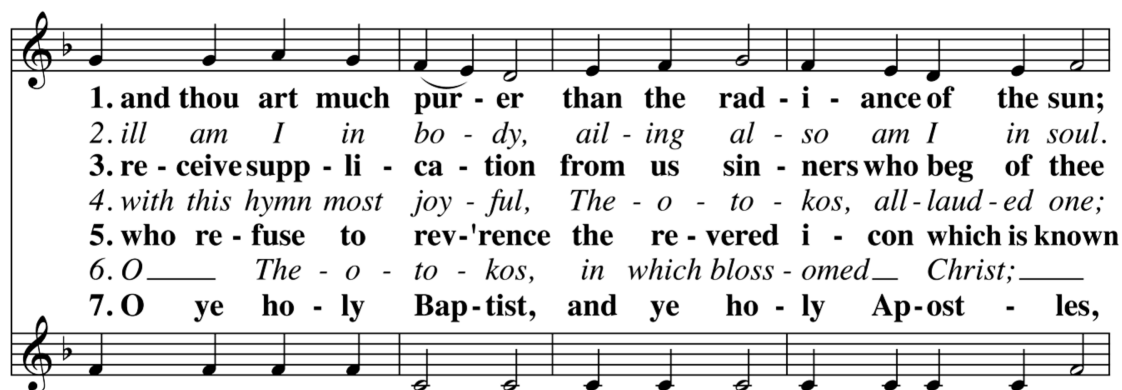
Word: the ve - ry The-o - to - kos, thee do we mag - ni - fy.



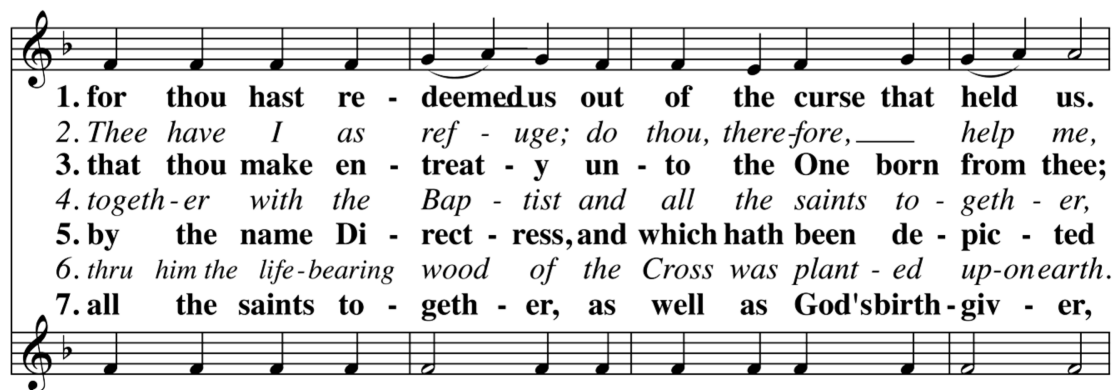
# The Megalynaria



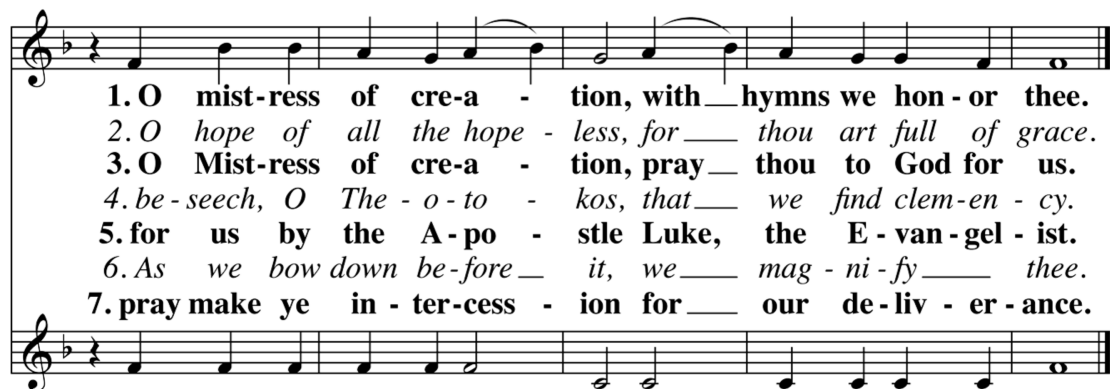
1. High - er than the heav - ens ab - ove art thou,  
 2. From the great a - bun - dance of all my sins,  
 3. O La - dy and Moth - er of Christ our God,  
 4. Now we chant with ea - ger - ness un - to thee  
 5. Speech-less be the lips of the im - pi - ous  
 6. Thou \_\_\_\_\_ art the my - stic - al par - a - dise,  
 7. O all ye ar - ray of an - gel - ic hosts,



1. and thou art much pur - er than the rad - i - ance of the sun;  
 2. ill am I in bo - dy, ail - ing al - so am I in soul.  
 3. re - ceivesupp - li - ca - tion from us sin - nerswho beg of thee  
 4. with this hymn most joy - ful, The - o - to - kos, all - laud - ed one;  
 5. who re - fuse to rev-'rence the re - vered i - con which is known  
 6. O \_\_\_\_\_ The - o - to - kos, in which bless - omed \_\_\_\_\_ Christ; \_\_\_\_\_  
 7. O ye ho - ly Bap - tist, and ye ho - ly Ap - ost - les,



1. for thou hast re - deemedus out of the curse that held us.  
 2. Thee have I as ref - uge; do thou, there - fore, \_\_\_\_\_ help me,  
 3. that thou make en - treat - y un - to the One born from thee;  
 4. togeth - er with the Bap - tist and all the saints to - geth - er,  
 5. by the name Di - rect - ress, and which hath been de - pic - ted  
 6. thru him the life-bearing wood of the Cross was plant - ed up - on earth.  
 7. all the saints to - geth - er, as well as God'sbirth - giv - er,



1. O mist-ress of cre-a - tion, with \_\_\_\_\_ hymns we hon - or thee.  
 2. O hope of all the hope - less, for \_\_\_\_\_ thou art full of grace.  
 3. O Mist-ress of cre-a - tion, pray \_\_\_\_\_ thou to God for us.  
 4. be - seech, O The - o - to - kos, that \_\_\_\_\_ we find clem - en - cy.  
 5. for us by the A - po - stle Luke, the E - van - gel - ist.  
 6. As we bow down be - fore \_\_\_\_\_ it, we \_\_\_\_\_ mag - ni - fy \_\_\_\_\_ thee.  
 7. pray make ye in - ter - cess - ion for \_\_\_\_\_ our de - liv - er - ance.

## The Trisagion Prayers

**People:** Holy God, Holy Mighty, Holy Immortal:  
have mercy on us. (*three times*)

Glory to the Father, and to the Son, and to the Holy Spirit: Both now and ever, and unto ages of ages.  
Amen.

All-holy Trinity, have mercy on us.  
Lord, cleanse us from our sins.  
Master, pardon our iniquities.  
Holy God, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy. (*three times*)

Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy Name; Thy kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

**Priest:** For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages.

**People:**   
A - men.

(*The Chanter chants the Troparion of the Day.*)

## Ektenia

*(The people respond to each petition as follows:)*

**Priest:** Have mercy on us, O God, according to Thy great goodness, we pray Thee: hearken and have mercy.



Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

Again we pray for all pious and Orthodox Christians.

Again we pray for our Father and Metropolitan PHILIP and His Grace Bishop THOMAS.

Again we pray for our brethren, the priests, deacons, and monastics, and for all our brethren in Christ.

Again we pray for mercy, life, peace, health, salvation and visitation, and pardon and remission of sins for the servants of God (*Name[s]*), and all Orthodox Christians of true worship who live and dwell in this community.

For Thou art a merciful God and lovest mankind, and unto Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.



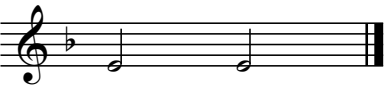
A - men.

## Final Blessing

**Priest:** Wisdom!

**Chanter:** Father, give the blessing.

**Priest:** Christ our God, the Existing One, is blessed always: now and ever, and unto ages of ages.

**People:**   
A - men.

**Chanter:** Preserve, O God, the holy Orthodox faith and all Orthodox Christians, unto ages of ages. Amen.

**Priest:** Most Holy Theotokos, save us.

**Chanter:** More honorable than the Cherubim and more glorious beyond compare than the Seraphim, thou who without stain barest God the Word and art truly Theotokos, we magnify thee.

**Priest:** Glory to Thee, O Christ, our God and our hope; glory to Thee!

**Chanter:** Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen. Lord, have mercy. Lord, have mercy. Lord, have mercy. Father, bless.

**Priest:** May Christ our True God, through the intercessions of His all-pure and all-blameless holy mother; of the holy, glorious and all-laudable Apostles; of (Name[s] of the Saint[s] of the day) whose memory we celebrate; of the power of the precious and life-giving Cross; and of all the Saints, have mercy upon us and save us, forasmuch as He is good and loveth mankind.

*Hymns of veneration are now sung, during which the priest reverences the icon of the Theotokos. The people then come forward to reverence the icon and receive a blessing from the priest. After all have done so, the priest says:*

**Priest:** Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy upon us and save us.

**People:** Amen.

# Exaposteilaria

Tone 3, to the melody "I behold Thy bridal-chamber"



O ye A - pos - tles, from a - far  
 Thou art the sweet - ness of An - gels,  
 I have thee as Me - di - a - - tress  
 Thou art a gold - en - twined to - - - wer



be - ing now ga - thered to - ge - - - ther  
 the glad - ness of af - flic - ted ones,  
 with the man - - - be - friend - ing God;  
 and twelve - wall en - cir - cled cit - - - y,



here in the town of Geth - se - ma - ne,  
 and the pro - tect - ress of Chris - - - tians,  
 may He not cen - sure my ac - - - tions  
 a throne be - sprink - led with sun - - - beams,



give bur - i - al to my bo - - - dy;  
 O Vir - - - gin Mo - ther of our Lord;  
 be - fore the hosts of the an - - - gels.  
 a roy - - - al chair of the King.



and Thou, my Son and my God,  
 be thou my hel - per, and save me  
 I sup - pli - cate thee, O Vir - gin,  
 O in - ex - pli - ca - ble won - - - der,



re - ceive Thou my spi - - - rit.  
 from out of e - ter - nal tor - - - ments.  
 come un - to my aid most quick - - - ly.  
 that thou dost milk - feed the Mas - - - ter!